



# PAWLING

MATTERS

Vol XII: Issue 2

MAY 2015

**A community newsletter from the Pawling Chamber of Commerce serving the Pawling, Holmes and Whaley Lake Communities.**

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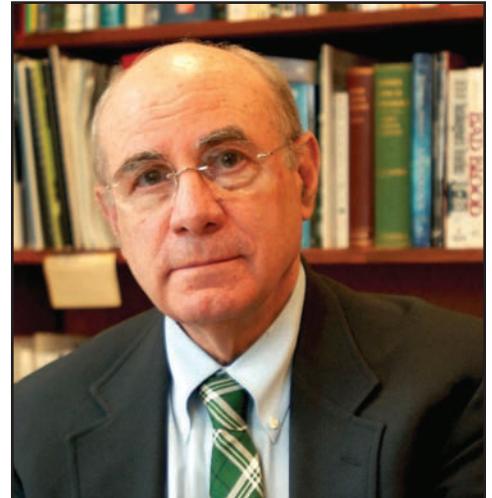
### GET PAWLING MATTERS ONLINE

PDFs of this and past issues are available on our web site [www.pawlingchamber.org](http://www.pawlingchamber.org)



Charles Colman Blvd  
P.O. Box 19 Pawling, NY 12564  
845-855-0500

## Congressman Chris Gibson and Dr. Kenneth Liegner to Speak about Lyme Disease, May 7th at Lathrop Center



**Learn more about advancing protections in diagnosing Lyme and other Tick-Borne diseases.** The growing numbers of those suffering from Lyme and other tick-borne diseases (300,000 nationwide) may be getting some relief soon. Congressman Chris Gibson (19th District) and Dr. Kenneth Liegner (Pawling based specialist in lyme disease) will be presenting pending legislation by the federal government and New York State that will assure patients and doctors of coverage by the insured and protection for the diagnostician prescribing treatment. Lathrop Center May 7th at 7pm (See article on Pg. 4)

## The Pawling Farmers Market will celebrate its 8th season in operation.

The season opens on Saturday, June 13th and continues through Saturday, September 19th, 9am to 1 pm. Visitors to the Farmers Market will be treated to fun events for the family, plus the best and freshest produce, specialty foods, cheeses, seafood and wines the Hudson Valley region has to offer.

The Pawling Farmers Market is located on the Village Green in the Village of Pawling. Across from the Farmers Market are shops and restaurants where visitors can browse books and antiques or grab coffee, pastries or lunch at downtown establishments such as Petite On Main or McKinney & Doyle Fine Foods. There is plenty of parking in the Village, and Metro North provides transportation with a drop off right alongside the Village Green.



Pawling has always had a rich agricultural heritage, and as part of the rising popularity of locally grown fruits and vegetables the Pawling Farmers Market

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## Business Matters

Brought to you by SCORE "Counselors to America's Business." To learn more about how SCORE can help your business, e-mail them at [scoredcny@hotmail.com](mailto:scoredcny@hotmail.com) or call 845-454-1700 x 1021 for the Dutchess Chapter, or find a counselor online at [www.score.org](http://www.score.org).

# 10 Ways to Fight a Growing Computer Security Threat

Daniel Kehrer shares his secrets for achieving growth, even in a poor economy.



I don't mean to scare you (check that; I actually do mean to scare you), but here's something you should know: Small business is now a prime target of hackers and data thieves intent on stealing credit card and other sensitive information.

Think you aren't vulnerable or that it can't happen to your business? Think again. Major credit card companies now estimate that 95 percent of data theft they uncover happens at the very smallest businesses that accept credit cards (and thus have customer credit card information; if only briefly).

The data theft divisions of Verizon (which operates data transmission networks) and the U.S. Secret Service, which investigates cyber crimes, saw data theft reports at small businesses jump 400% last year.

The reason is simple: Hackers find small businesses to be easy targets. Even a local hair salon, pizza shop or dental office has names, addresses and credit card data. And with more small businesses now storing information electronically, the opportunities for data theft have soared. And it will get worse before it gets better.

The problem is tricky because it takes so many different forms. One common hacker tactic is to plant malicious software programs called "malware" on small business computers. These programs, sometimes sent to employees as email links or attachments, can steal information and send it undetected over the web. Point-of-service credit card terminals are an increasingly common target as well.

Here are 10 ways to protect your business:

**Keep security software up to date:** If you do nothing else, installing (or updating) the latest versions of anti-virus and anti-spyware software will provide some protection.

**Use a secure wireless connection and a good firewall:** Many small businesses use unsecured wireless networks. That's asking for trouble. The old standard, known as WEP, is useless. What you need is WPA2 Encryption, the current standard in data protection.

**Segregate your sensitive data:** The fewer places your sensitive information is stored, the less you have to worry about. For example, credit card information should be segregated from other data and from your network as well.

**Revise and rethink your passwords:** Many small businesses are victimized by data theft and other computer crimes simply because they have weak passwords. Change passwords regularly, and use strong ones that are not predictable. Some experts suggest using three-word or more password "phrases." These can actually be easier to remember and quicker to type.

**Don't leave computers unsecured:** Require logins for all computers and laptops, and set them to return to the login screen after five or ten minutes of inactivity. Only download or install applications that come from trusted sources.

**Avoid direct connections to the Internet:** Many small businesses don't have networks or routers and simply plug directly into the Internet. But business owners can block many

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## Pawling Events Calendar

**Pawling Farmers Market**  
Saturdays, June 13 - September 19

**Pawling Car Show**  
Sunday, June 14

**Music by the Lake**  
*Back To The Garden 1969*  
Saturday, June 27

**Music by the Lake**  
*Petey Hop and the Jackrabbits*  
Saturday, July 11

**Music by the Lake**  
*Shorty King's Rhythm Review*  
Saturday, July 25

**Music by the Lake**  
*Chain Gang*  
Saturday, August 8

**Music by the Lake**  
*HOTROD*  
Saturday, August 22

**Community Garage Sale**  
Saturday, September 5

**Arts, Crafts & Antiques Fair**  
Saturday, September 26

**Chamber Auction**  
Tuesday, October 20

**ArtEast Open Studio Tour**  
October 17, 18 and 24, 25

**SPECIAL NOTE:**  
**Next General Meeting is**  
**Tuesday, May 19**  
**TBD**  
**East Main Street**  
**RSVP: Marie 845-855-1632**

**Note to Member Organizations:**  
The Events Calendar is for Chamber, Town, Village and cultural events. For any other events, member organizations can submit a mini article about the event, its background, its purpose, etc. to PM for consideration. Please prepare your information by the 10th of the previous month and deliver it to the Chamber building or e-mail to [pccny@bww.com](mailto:pccny@bww.com)

## Second Annual Paddle For The Great Swamp

On Saturday, May 16 (rain date May 17), Friends of the Great Swamp (FrOGS) will hold its second annual Paddle for the Great Swamp.

The 7-mile half-day paddle down the East Branch of the Croton River will start at the Patterson Environmental Park and end at Green Chimneys in Brewster, where participants will be met with a barbecue lunch, live music, prizes and festivities, all included in the registration fee. Last year's paddlers saw mink, otter, turtles, frogs, heron and other wildlife on the scenic morning ride down the river.

The event is designed for experienced paddlers with good paddling skills. Although there are no rapids, the river has several beaver dams and may have other obstacles to negotiate depending on the water level.

Launch times will be staggered at half hour intervals between 8:30 and 10:00 a.m. FrOGS has requested that all paddlers make sure their boats are clean before launch in order to protect the swamp from inadvertent introduction of non-native organisms. Deadline for registration is May 8.

The event is a fundraiser for FrOGS, a not-for-profit organization dedicated to preserving one of New York's largest freshwater wetlands. The group conducts scientific research on the swamp's water quality and native animals, purchases land to protect the much larger watershed, and offers educational programs to help people learn about and appreciate the Great Swamp.



Photo by Diana Lee

For downloadable registration and sponsorship forms, visit the website [www.frogs-ny.webs.com](http://www.frogs-ny.webs.com)

**Guided Canoe Trips in the Great Swamp**  
Sunday, May 31 (8:30 AM, 10:45 AM, and 2:00 PM)

Two-hour naturalist guided canoe trips in the Great Swamp from Green Chimneys launch. Good for scouts, groups, and less experienced paddlers. There is a fee and pre-registration is required. Register by emailing [laurwally@aol.com](mailto:laurwally@aol.com). Please put "Canoe Trip" in the subject line.

## 6th ANNUAL PAWLING CAR SHOW



REGISTRATION UNTIL 12 NOON

REGISTRATION FEE \$15 PER VEHICLE

**SUNDAY, JUNE 14, 2015 - FROM 9AM TO 4PM** RAIN DATE: JUNE 28, 2015

**CAR SHOW WILL BE ON CHARLES COLMAN BLVD., PAWLING, NY 12564**

**A FUN FILLED DAY FOR THE WHOLE FAMILY!**

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[www.pawlingchamber.org](http://www.pawlingchamber.org) OR (845) 855-0500

**DUTCHESS CRUISERS @ (845) 242-0951**

[www.dutchesscruisers.org](http://www.dutchesscruisers.org)



## Lyme Disease: Rigid Thinking Imperils Citizens

In the mid 1800s Ignaz Semmelweis, a Vienna obstetrician and a good observer, noted that women died from puerperal sepsis in his hospital in large numbers, but only when they were delivered by physicians and not mid-wives. When he noted that physicians were going directly from the autopsy room to the delivery room he instituted hand washing with chloride of lime and mortality rates declined to normal rates. For his good works, Semmelweis was ridden out of town on a rail. The profession did not accept his teachings until 60 years later after the works of Robert Koch, Louis Pasteur and Lord Lister and the rise of the germ theory of disease made his observations of patients and research findings comprehensible in a framework that physicians of the day could understand and accept.

Fast forward to 2006. The Infectious Diseases Society of America (IDSA) declares that chronic Lyme disease does not exist! ([www.idsociety.org](http://www.idsociety.org)) This is echoed by the Centers for Disease Control (CDC). Two-tiered testing for Lyme disease (a screening test followed by a Western blot test) is nearly infallible! So says the IDSA and the CDC. So confident of that is the CDC that it advises physicians not to perform a Lyme Western blot if the screening test is negative, because it is so unlikely the individual could have Lyme disease.

If someone remains ill or relapses after a recommended course of antibiotics of 2-4 weeks duration, they could not *possibly* still have Lyme disease! In fact, a new 'disease' has been invented by authors of the IDSA Lyme disease guidelines:

"Post-treatment Lyme disease Syndrome". Although originally devised as officially neutral on the question of whether this 'syndrome' is due to persistent infection or some post-infectious immune derangement, recently it has been increasingly used as though that issue has been settled: it is a post-infection syndrome and the infection could not possibly be present.

This ignores voluminous scientific data which conclusively demonstrates that the Lyme organism can survive the most potent antibiotics known to man in animal models of the disease including the mouse, beagle dog and Rhesus monkey and many well-documented human case-studies in the worldwide peer-reviewed medical and scientific literature.

This is how chronic and debilitating illness can develop in the hapless individual, undiagnosed and untreated, allowed to insidiously deteriorate with loss of ability to function, enjoyment of life, inability to progress in their educations or be gainfully employed to support themselves or their families.

In the 'hayday' of syphilis, clinicians were schooled to always consider syphilis in the differential diagnosis of diseases. When confronted by puzzling syndromes or symptoms "*lues*" (an old fashioned name for syphilis) would be listed high in the differential diagnosis.

We are in the midst of a true epidemic of Lyme disease in the Lower Hudson Valley, with some of the highest incidences of this disease in

the world in Westchester, Putnam, Dutchess, Columbia, Rockland, Orange, Ulster and Sullivan Counties. Despite this, sadly, Lyme disease often never even makes it *in* to the differential diagnosis of ill individuals who present for medical care. Instead of being one of the first things to be considered, it *is* the last thing to be considered if it is considered at all. If it is considered, over-reliance on presently very imperfect tests can lead to fatal outcomes, including in children.

Then Connecticut Attorney General, now Senator, Richard Blumenthal found, upon investigation that many of the authors of the IDSA 2006 Lyme Disease guidelines had undisclosed conflicts of interest including holding vaccine and diagnostic test patents, consulting arrangements for insurance companies and testifying in court against patients with Lyme disease. Many also testified against physicians who provide care to patients with Lyme disease in hearings before state boards of medical practice should their practices diverge from recommended short term antibiotic treatment as specified by the IDSA guidelines, even though those guidelines contain a *caveat* that they are voluntary and not mandatory. Physicians and scientists who held a different view and considered that Lyme disease could be a chronic infection were purged from the 2006 IDSA Lyme guidelines panel by its lead author ([www.ct.gov/ag/cwp/view.asp?a=2795&q=414284](http://www.ct.gov/ag/cwp/view.asp?a=2795&q=414284)).

The Institute of Medicine in their monograph *Clinical Practice Guidelines We Can Trust* ([www.iom.edu/reports/2011/Clinical-Practice-Guidelines-We-Can-Trust.aspx](http://www.iom.edu/reports/2011/Clinical-Practice-Guidelines-We-Can-Trust.aspx)) points to the 2006 IDSA Lyme guidelines as an example of a guidelines development process gone awry. They made specific recommendations for future guideline development which called for inclusion of patient-stakeholders in the composition of guidelines panels as well as inclusion of experts including treating clinicians representing a diversity of views within a field. They specifically recommended *entirely* avoiding involvement of persons with demonstrated conflicts of interest in guidelines development. If a second set of clinical practice guidelines existed which offered conflicting recommendations, they recommended this be formally acknowledged and an attempt made to 'reconcile' the two guidelines.

It has become evident as the IDSA is up-dating their Lyme and Tick-borne Diseases guidelines this year, all of these recommendations of the Institute of Medicine are being flaunted ([www.lymedisease.org](http://www.lymedisease.org) & [www.lymediseaseassociation.org](http://www.lymediseaseassociation.org)).

These new guidelines (as was the case with the IDSA 2006 Lyme guidelines) will have a tremendous impact on the care that persons with Lyme disease are able to receive, what care will be reimbursed by insurers and will foreclose the possibility of receiving individualized care from physicians *participating* in insurance company plans who feel forced to conform to IDSA guidelines. If they do not, they risk sanctioning and potential 'de-selection' from their plans. This results in mandatory reporting to the National Practitioner Data Bank and can have severe and potentially

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## Pawling Rotary Marks 75 Years of Service to the Community

**Celebrate May 15, 2015 at the Quaker Hill Country Club - All Are Welcome! The Golf Outing:** Beginning at 1 PM, Rotary's Annual Golf Outing, is scheduled to kickoff this notable anniversary at the Quaker Hill Country Club. Enjoy the beauty of Quaker Hill and a day out on the links at this top-rated golf course. Your participation in this event will assist Rotary's efforts in supporting and funding the many community organizations that focus on Pawling's youth. The package includes lunch and an end-of-day delectable boost of sliders, fries and wings, all prepared to perfection by Henry Showah, the talented caterer of Lowell's at Quaker Hill. Then, join the fun beginning at 6.

**Sip and Sup at Six:** Following a day of play, golfers, along with community well-wishers and Rotary guests, are invited to join Rotary members for an evening of festivities as the celebration continues at the club. Sip and sup from 6:00-9:00 PM with your favorite wines and specialty brews along with an assortment of hors d'oeuvres and appetizers, specially chosen to satisfy every palate, by Lowell's at Quaker Hill. Learn about your friends at Rotary during a special presentation. Help them support the Scout Cabin at the Smith-Johnson Scout Reservation by participating in a

silent auction of gorgeous gift baskets prepared by Pawling's Girl, Boy and Cub Scout troops, their leaders, and scout parents. All proceeds from the auction will benefit the Scout Cabin, an amazing resource for more than 200 youngsters in the Pawling community.

**Make Your Reservations:** All are invited to participate in both events, or you may choose to attend only one. Please reserve for each event separately.

- Tickets for Sip and Sup at Six are \$55 each and may be purchased by logging onto the Rotary website at [pawlingrotary.org](http://pawlingrotary.org) or go to the link, [pawlingrotaryat75.eventbrite.com](http://pawlingrotaryat75.eventbrite.com).

- Tickets for the golf outing, including Sip and Sup, are \$125. Reservations may be made by contacting John Ammataro at 845-855-3010 or Terry Stewart at 845-855-5900.

The members of Pawling Rotary are looking forward to spending this day of celebration with you at the beautiful Quaker Hill Country Club. Please join them as they mark this momentous milestone!

## DC Executive Molinaro Presents His 2015 State of the County at Chamber of Commerce Meeting



Dutchess County Executive Marcus Molinaro presented an abbreviated version of his state of the county address, followed by a Q&A at the Pawling Town Hall Tuesday,

April 21st at 7pm. One of the highlights of the county executive's presentation was a colorful flyer with a graphic of a segmented dollar bill, which presented where "*Your 2015 County Tax Dollar*" is allocated. All were treated to a buffet style dinner from McKinney & Doyle which was sponsored by Castagna Realty Co., Inc.



L-R: Mayor of Pawling Rob Lifland, Town Supervisor David Kelly, Dutchess County Executive Marcus Molinaro and Chamber President Peter Cris

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## Mike Pepper, *The Computer Guy* - Cut the Robocalls!

Robocalls! Probably enough said. Everybody gets them, nobody wants them. Good news; for your house phone there are ways, that actually work, to cut them off — or at least drastically reduce them.

We just cut them off entirely from our house phone (and thanks to Pawlingite Frank Matheis for this tip) with a free service called “NoMoRobo”. It took about 5 minutes to set up, and since that moment, we’ve had zero robocalls get through to us.

NoMoRobo checks every incoming call against a blacklist of robocallers, and if the calling number is on the list, it gets cut off before we answer it. On our end, we hear one ring on the phone and then... nothing.

You can sign up for the free service at NoMoRobo.com. You need to turn on the automatic forwarding service on your phone line, but the NoMoRobo signup leads you directly to the settings on the website for your phone company.

Unfortunately, NoMoRobo only works with phone service from Comcast, Optimum, and other VOIP telephone services such as Vonage, Ooma, or Sonic. It does not work with landline service from Verizon or Frontier, and it isn’t supported by wireless carriers either. At least not yet.

### Robocall blocking for Verizon & Frontier customers

Happily, there are alternative means for old-school copper telephone service users to block or reduce robocalls. And I’m not talking about the do-not-call list. These alternatives use a call-blocking device that you add to your house telephone system.

One that we’ve been using for years is called “TeleZapper” (about \$25 at Amazon, <http://amzn.to/1HwDLI9>). When it is plugged into your house phone system, whenever you pick up the phone, TeleZapper emits a short but magical beep sound. This short beep makes the robot callers think that your phone line is not a working number, so they immediately hang up and move to their next call. I’m told that, when they get this “disconnected” tone, the robot will also automatically remove your number from their database of numbers to call. When you pick up the phone, the robot hangs up and you end up with nobody there. (Better than, “Hi; this is Rachel...”)

Joe Downey, at Downey Auto, heard our phone beep and decided to try just hitting the “7” key on his phone when he sees that it is a robocaller on his caller ID. He reports that, though it is not the official “out of service” tone, it does seem to work on the offending robots. Worth a try.

There are other more elaborate call blocking devices too, and these will let you build your own blacklist of callers to block, though

they require a little more hands-on interaction from you. These gizmos will also do things like make callers with hidden or out-of-area caller IDs confirm that they are actual human beings before they get through to your phone. I’ve never tried one of these, but reviewers say that they mostly work well. Search the web for “call blockers” to find them, or follow this link to a sample of one at Amazon.com [<http://amzn.to/1JgZZQs>].

So there you have it; it is possible to actually stem the tide of robocallers. The best one is free – but you have to have telephone service from Comcast or another VOIP provider to use NoMoRobo.com. If you have plain-old-telephone, the alternatives are call-blocking devices that are easy to set up and use. No more robocalls!

Hoping, as always, that this is all quite clear and useful; but if I can fill in some details or help with anything on your computers, please don’t hesitate to call:

Mike Pepper ~ Computer Guy. [www.PawlingComputerGuy.com](http://www.PawlingComputerGuy.com)  
845-855-5824

# SMART GROWTH IS HERE

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## Financial Focus

# Can You Free Yourself from Some Investment Taxes?

April 24 has been designated Tax Freedom Day for 2015. Tax Freedom Day, calculated by the Tax Foundation, is the day when the nation as a whole has earned enough money to pay off its total tax bill for the year. So it may be a good time to review your own situation to determine if you can “free” yourself from some investment-related taxes in the future.

Of course, Tax Freedom Day is something of a fiction, in practical terms, because most people pay their taxes throughout the year via payroll deductions. Also, you may not mind paying your share of taxes because your tax dollars are used in a variety of ways — such as law enforcement, food safety, road maintenance, public education and so on — that, taken together, have a big impact on the quality of life in this country. Nonetheless, you may well want to look for ways to reduce those taxes associated with your investments, leaving you more money available to meet your important goals, such as a comfortable retirement.

Fortunately, it isn’t really that difficult to be a tax-conscious investor, as some of the best retirement-savings vehicles have built-in tax advantages. For starters, depending on your income level, your contributions to a traditional IRA may be tax-deductible, so the more you put in (up to the maximum of \$5,500, or \$6,500 if you’re 50 or older), the lower your annual taxable income. Plus, your earnings grow on a tax-deferred basis.

If you meet certain income guidelines, you may be eligible to contribute to a Roth IRA. The contribution limits for a Roth IRA are the same as those for a traditional IRA, but the tax treatment of your earnings is different. In fact, your Roth IRA earnings can grow tax free, provided you don’t take withdrawals before 59½ and you’ve had your account at least five years. (Roth IRA contributions are not tax-deductible, however.)

Even if you have an IRA, you can probably also participate in your

employer-sponsored retirement plan, such as a 401(k), a 403(b) or a 457(b). You typically contribute “pretax” dollars to these types of retirement plans, so your contributions will lower your annual taxable income. Plus, you’ll benefit from tax-deferred earnings. And employer-sponsored plans have much higher contribution limits than an IRA; in 2015, you can put in up to \$18,000 to a 401(k) or similar plan, or \$24,000 if you are 50 or older.

Beyond contributing as much as you can afford to tax-advantaged retirement plans, how else can you take greater control of your investment-related taxes? One move is to avoid frequent buying and selling of investments held outside your IRA and 401(k). If you sell investments that you’ve held for less than one year, your profit will be taxed as ordinary income, with a rate as high as 39.6%. But if you hold investments at least one year before selling them, you’ll just pay the long-term capital gains rate, which is 15% for most taxpayers (20% for high earners). So, from a tax standpoint, it pays to be a “buy-and-hold” investor.

Taking full advantage of your IRA and 401(k) and holding your investments for the long term aren’t the only tax-smart moves you can make — but they can give you a good start on making investing less of a “taxing” experience.

*Edward Jones, its employees and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation. This article was written by Edward Jones and Provided by Celeste Bevilacqua, Financial Advisor. Edward Jones, she can be reached at 845-471-6346 or [celeste.bevilacqua@edwardjones.com](mailto:celeste.bevilacqua@edwardjones.com)*

## 10 Ways to Fight a Growing Computer Security Threat

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common threats by using a quality router, such as a Netgear or Buffalo brand router and making sure to change the router password from the default setting.

**Upgrade security policies and email standards:** In this age of social media it’s more important than ever to set policies and standards on what types of information can be shared online. And many businesses still treat email as confidential communication, which it isn’t. Think of emails more like postcards, and not sealed letters.

**Protect tablets and mobile devices, too.** Mobile phones, iPads and similar devices should also be password protected and kept in secured storage when not in use. Avoid storing any sensitive data on these devices.

**Use a secure SSL connection for sending or receiving data:** Secure Sockets Layer (SSL) is an encrypted Internet connection for sending data safely over the Internet.

**Get help:** OnGuard Online ([www.onguardonline.gov](http://www.onguardonline.gov)) offers practical tips on computer security from tech specialists. SANS ([www.sans.org](http://www.sans.org)) is one of the world’s most trusted sources for information security training.

## Farmers Market

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continues to celebrate that tradition. Buying local food at the market can help keep us healthy, keep money in our community and reduce the wasteful trucking, flying, and freezing of the foods that we eat.

For further information please visit the Pawling Farmers Market website at [www.pawlingfarmersmarket.org](http://www.pawlingfarmersmarket.org). Also visit our Facebook page and Like us!

## Member News

### Groundbreaking for New Building in Pawling Village

After a long, cold and snowy winter, the weather has finally cooperated to begin the new building going in on the corner of East Main and Coulter Avenue. The Schmitt brothers have recently started the excavation work for the foundation for the building which will be at the former Reilly's Garage location.

The new owners, who are residents of Pawling, are happy to see things starting to move forward. The building will be a mix of commercial/retail space on the ground floor and apartments above. They expect to see the commercial area up over the summer and anticipate completing the building by mid-fall.

Pawling is looking forward to having this new building join the Village landscape.

### Grand Opening & Ribbon Cutting Friday May 22nd

The Grand Opening of Quality Dental Care of Pawling, located at 36 Charles Colman Blvd., will be Friday, May 22nd from 9am – 5pm. Dr. Haitham Ennabi, D.D.S. and owner, is joined by eight other specialists in general dentistry, orthodontics, periodontics, and oral surgery. Discounts on some of the dental care will be offered to new patients. The Pawling Chamber of Commerce welcomes our new member and extends best wishes for success. For additional information, call 845.289.0094 or visit [www.qualitydentalsmile.com](http://www.qualitydentalsmile.com).

## Lyme Disease

(continued from page 4)

career-ending consequences. The CDC has had a link on their website only to the IDSA Lyme disease guidelines ([www.cdc.gov/lyme/](http://www.cdc.gov/lyme/)) and CDC has systematically excluded a link to the Lyme disease guidelines of the International Lyme and Associated Diseases Society (ILADS – [www.ilads.org](http://www.ilads.org)).

Martina Ziska, M.D. a fully trained neurologist from the former Czech Republic and then Medical Director of the Lyme Disease Foundation in Hartford, once advised me: "If there is abuse of power, there is only one solution to that. You must gain more power than they have".

This is why the Federal bill introduced by Congressman Chris Gibson (H.R. 789 The Tick-borne Disease Research Transparency and Accountability Act of 2015-[www.congress.gov/bill/114th-congress/house-bill/789](http://www.congress.gov/bill/114th-congress/house-bill/789)) is so vital in order to correct this imbalance of power and its harmful consequences. The CDC, IDSA and NIH have 'driven' a research agenda denying the centrality of the chronicity of tick-transmissible infections with a ruthless intransigence which has staled progress in diagnosis and treatment of these disorders for the past thirty years. Persons with Lyme disease deserve better.

- Kenneth B. Liegner, M.D.

### Membership in the Chamber of Commerce Includes

Membership in the Chamber includes: reduced advertising rates in our monthly newsletter, advertising in the local newspapers, radio and cable stations to increase your exposure, free listing in the Chamber Website and Guidebook, the opportunity to participate in the gift certificate program, and monthly business networking meetings.

*Fees are: \$165 for a business or \$45 for a not-for-profit and \$35 for an individual membership.*

Please send your check to:

PCC Attention Andrew Carlucci, P.O. Box 19, Pawling, NY 12564

### Editorial Notes

*The Chamber thanks the following members for contributing their time and talent to making this publication possible: Pete Muroski, and the staffs of Morales Communications and Phoenix Marketing.*

*Information about special events, as well as any comments and/or corrections to this newsletter, should be dropped off at the Chamber building, The Yarn & Craft Box or email: [pccny@bww.com](mailto:pccny@bww.com). If time and space permit and within the context of editorial judgment, the information will be used.*

*To advertise in Pawling Matters please contact Peter Cris at [petercris@aol.com](mailto:petercris@aol.com)*

### CHAMBER COMMITTEES

Volunteers are what make our chamber work. Please contact the committee chairperson for information and opportunities available.

#### Beautification

Chair: Steve Parrino 845-855-5415

#### Events

Chair: Marie Stewart 845-855-1632

#### Financial

Chair: George Apap 845-855-3300

#### Green Committee

Chair: Pete Muroski 845-855-7050

#### Marketing & Communications

Chair: Peter Cris 914-471-5083

#### Merchant's Committee

Chair: Pat Martin 845-855-3397

### EXECUTIVE BOARD

<b>President</b>	George Apap	Pat Martin
Peter Cris	Celeste Bevilacqua	Peter Muroski
<b>Vice President</b>		
Jay Morales	John Burweger	Steve Parrino
<b>Secretary</b>	David Kelly	William Ward
Marie Stewart		
<b>Treasurer</b>		
Andrew Carlucci		